

Emerging Spinecare Trends

Evidence-Based Care

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Evidence-based spinecare refers to purposeful use of the best available information when making decisions about the care delivered to patients with spine disorders. It requires the integration of clinical expertise with clinical evidence from published research and peer delivered consensus reports. Evidence-based care will enable members of the spinecare team to offer the greatest benefit for the least expense. Considerable emphasis over the last decade has been placed on improving methods of acquired and correlating evidence from systematic reviews for the purpose of developing evidence-based guidelines and measures. Future advances in technology, diagnostic methods, and spine informatics will facilitate further development of intuitive databases which will be used to develop clinical guidelines and algorithms. Evidence-based spinecare will continue to contribute to more informed decisions and improved spinecare outcome.